

# BluePreferred Dental

Families and Individuals

Benefit Summary Plan 1i, 5i, and 6i



BlueCross  
BlueShield  
of Arizona

An Independent Licensee of the Blue Cross and Blue Shield Association

Blue Cross Blue Shield of Arizona offers three dental plans to Individuals and Families, starting with the basic Plan 1i to the more comprehensive Plan 5i and Plan 6i. In addition to covering the same benefits as Plan 1i, Plan 5i and Plan 6i also cover Type III services, which include crowns, bridges, and dentures. Use the tables below to select the dental plan that's best for you and your family.

BluePreferred Dental – Plan 1i	
<b>Benefit Maximum per Member per Calendar Year<sup>1</sup></b> All services count toward the maximum <sup>1</sup>	<b>\$500</b>
<b>Monthly Rates (per member)</b>	Under 19: <b>\$14.87</b> 19 and older: <b>\$18.13</b>
<b>Annual Deductible<sup>1</sup> (per member)</b>	<b>\$50</b> (Deductible waived for Type I services.)
<b>Type I Covered Services</b> Diagnostic and Preventive Services	<b>In-network:</b> No charge <b>Out-of-network:</b> You pay <b>20%</b>
<b>Type II Covered Services – 6 month waiting period</b> Basic Restorative Services Least Expensive Available Treatment (LEAT) processing applies	<b>In-network:</b> You pay <b>20%</b> after meeting deductible <b>Out-of-network:</b> You pay <b>40%</b> after meeting deductible
<b>Type III Covered Services</b> Major Restorative Services and Crowns	<b>Type III services are not covered under Plan 1i</b>
<b>Additional Features</b>	<b>N/A</b>

BluePreferred Dental – Plan 5i	
<b>Benefit Maximum per Member per Calendar Year<sup>1</sup></b> All services count toward the maximum <sup>1</sup>	<b>\$1,000</b>
<b>Monthly Rates (per member)</b>	Under 19: <b>\$26.50</b> 19 and older: <b>\$32.32</b>
<b>Annual Deductible<sup>1</sup> (per member)</b>	<b>\$50</b> (Deductible waived for Type I services.)
<b>Type I Covered Services</b> Diagnostic and Preventive Services	<b>In-network:</b> No charge <b>Out-of-network:</b> You pay <b>20%</b>
<b>Type II Covered Services – 6 month waiting period</b> Basic Restorative Services Least Expensive Available Treatment (LEAT) processing applies	<b>In-network:</b> You pay <b>20%</b> after meeting deductible <b>Out-of-network:</b> You pay <b>40%</b> after meeting deductible
<b>Type III Covered Services – 12 month waiting period</b> Major Restorative Services and Crowns Least Expensive Available Treatment (LEAT) processing applies	<b>In-network:</b> You pay <b>50%</b> after meeting deductible <b>Out-of-network:</b> You pay <b>60%</b> after meeting deductible
<b>Additional Features</b>	Maximum Carryover Provision and Prevention +1

BluePreferred Dental – Plan 6i	
<b>Benefit Maximum per Member per Calendar Year<sup>1</sup></b> All services count toward the maximum <sup>1</sup>	<b>\$1,500</b>
<b>Monthly Rates (per member)</b>	Under 19: <b>\$28.79</b> 19 and older: <b>\$35.11</b>
<b>Annual Deductible<sup>1</sup> (per member)</b>	<b>\$50</b> (Deductible waived for Type I services.)
<b>Type I Covered Services</b> Diagnostic and Preventive Services	<b>In-network:</b> No charge <b>Out-of-network:</b> You pay <b>20%</b>
<b>Type II Covered Services – 6 month waiting period</b> Basic Restorative Services Least Expensive Available Treatment (LEAT) processing applies	<b>In-network:</b> You pay <b>20%</b> after meeting deductible <b>Out-of-network:</b> You pay <b>40%</b> after meeting deductible
<b>Type III Covered Services – 12 month waiting period</b> Major Restorative Services and Crowns Least Expensive Available Treatment (LEAT) processing applies	<b>In-network:</b> You pay <b>50%</b> after meeting deductible <b>Out-of-network:</b> You pay <b>60%</b> after meeting deductible
<b>Additional Features</b>	Maximum Carryover Provision and Prevention +1

<sup>1</sup> Only the allowed amount, as based on LEAT, if applicable, (and not billed charges) counts to satisfy the deductible. Only the BCBSAZ portion of the allowed amount counts toward the calendar year benefit maximum. Any services in excess of a benefit limit or provided after you reach the calendar year benefit maximum are not covered.

## Type I Covered Services – Diagnostic and Preventive Services<sup>1</sup>

<b>Oral exams</b>	Two per year <sup>2</sup> in any combination of periodic, limited, or comprehensive exams
<b>Prophylaxis – Cleanings</b>	Two per year – Type III periodontal maintenance procedures, if any and if covered, count toward this maximum of two cleanings
<b>Bitewing X-rays<sup>3</sup></b>	One set per year
<b>Periapical X-rays<sup>3</sup></b>	Four films per year
<b>Full Mouth X-rays<sup>3</sup></b>	One per five year period
<b>Topical Fluoride</b>	Through age 18 – One per year
<b>Sealants</b>	Through age 15 – permanent molars and bicuspid only, once per three year period
<b>Space Maintainers</b>	Through age 15

## Type II Covered Services – Basic Restorative Services (6 month waiting period)<sup>1</sup>

<b>Amalgam Fillings</b>	One treatment per tooth in any two year period (limit based on amalgam and composite fillings combined)
<b>Composite Fillings – Anterior (Front) Teeth</b>	One treatment per tooth in any two year period (limit based on amalgam and composite fillings combined)
<b>Composite Fillings – Posterior/ Bicuspid (all except front) Teeth</b>	One treatment per tooth in any two year period (limit based on amalgam and composite fillings combined); subject to processing based on the least expensive available treatment (LEAT).
<b>Emergency Palliative Treatment</b>	Covered for emergency treatment of dental pain

## Type III Covered Services – Major Restorative Services and Crowns (12 month waiting period) Not Covered on Plan 1i<sup>1</sup>

Claims for certain Type III services are subject to processing based on the **least expensive available treatment (LEAT)**.

<b>Prosthodontics – Bridges &amp; Dentures</b>	Five year replacement limit
<b>Oral Surgery – Extractions</b>	Limited Coverage
<b>Simple Extractions</b>	Surgical extractions also covered under Type III
<b>General Anesthesia</b>	Limited Coverage per BCBSAZ dental coverage guidelines <sup>4</sup>
<b>Endodontics – Root Canal</b>	One treatment per tooth in any two year period
<b>Endodontics – Pulpal Therapy</b>	One treatment per tooth in any two year period
<b>Crowns/Inlays/Onlays</b>	Five year replacement limit
<b>Periodontics – Surgical</b>	One procedure per three year period
<b>Periodontics – Non Surgical</b>	One per two year period – Periodontal maintenance procedures are not included in this limit, but are counted toward the prophylaxis limit.

<sup>1</sup> Only the allowed amount, as based on LEAT, if applicable, (and not billed charges) counts to satisfy the deductible. Only the BCBSAZ portion of the allowed amount counts toward the calendar year benefit maximum. Any services in excess of a benefit limit or provided after you reach the calendar year benefit maximum are not covered.

<sup>2</sup> All “per year” benefits mean per calendar year.

<sup>3</sup> Any combination of x-rays billed on the same date of treatment cannot exceed the allowed amount for a full mouth x-ray benefit.

<sup>4</sup> BCBSAZ Dental Coverage Guidelines are available upon request. Not all dentally necessary services are covered benefits.

<p><b>Least Expensive Available Treatment (LEAT)</b></p>	<p>There may be several methods for treating a specific dental condition. All claims for restorative services such as fillings and crowns are subject to analysis for the least expensive available treatment (LEAT). Benefits for certain restorative procedures will be limited only to the LEAT. For these procedures, BCBSAZ will only pay benefits up to the LEAT fee. You may elect to receive a covered service that is more costly than the LEAT but you will be responsible for your cost-share based on the LEAT, and you will also pay the difference between the fee for the LEAT and the more costly treatment (“LEAT remainder”). Any payment you make for this LEAT remainder will not count toward deductible.</p>																																		
<p><b>Prevention +1 Feature</b> <i>Available on Plan 5i and Plan 6i</i></p>	<p>Medical studies in recent years have made stronger connections between good oral health and good overall health, specifically including people with diabetes or women who are pregnant where the existence of periodontal disease can cause complications in both situations. These plans offer coverage for one additional dental cleaning procedure or one additional periodontal maintenance procedure per year for members who are pregnant or have diabetes. The process to enroll is easy and the extended benefits will remain available to members for the duration of these conditions.</p>																																		
<p><b>Maximum Carryover Provision</b> <i>Available on Plan 5i and Plan 6i</i></p>	<p>These plans include a provision that allows members to carryover unused benefit dollars from one year into another year. There are two rules that must be followed in order to be eligible to receive additional benefit dollars:</p> <ol style="list-style-type: none"> <li>1) BCBSAZ must pay at least one claim during a benefit year</li> <li>2) Total claims paid by BCBSAZ during that year do not exceed \$500.</li> </ol> <p>If both of these criteria are satisfied, a member will accumulate an additional carryover credit of up to \$250, over and above the regular annual benefit maximum, to be available in future years. Members may continue to accumulate carryover dollars for every calendar year in which the member meets the carryover requirements, up to a separate maximum of \$1,000 total carryover dollars at a time.</p>																																		
<p><b>In-network Providers</b></p>	<p>“In-network” dental providers have contracts with Blue Cross Blue Shield of Arizona (BCBSAZ) or with BCBSAZ’s independent dental network vendor. In-network providers accept negotiated fees as payment in full for covered dental services, and file a member’s claims with BCBSAZ. Members usually have lower out-of-pocket costs with in-network providers.</p>																																		
<p><b>Out-of-Network Providers</b></p>	<p>“Out-of-network” providers have no contract with BCBSAZ or with BCBSAZ’s independent dental network vendor. Out-of-network providers set their own rates, can collect up to full billed charges from members, and have no obligation to file members’ claims.</p> <p>For out-of-network providers within Arizona, BCBSAZ reimburses the member based on the lesser of BCBSAZ’s established in-network fee schedule amount or the dentist’s actual billed charge. If the provider is located outside Arizona, reimbursement is based on the lesser of billed charges or the Arizona in-network fee schedule, increased by 25%.</p> <p>For both in and out of network providers, reimbursement for restorative services is also subject to analysis for Least Expensive Available Treatment (LEAT), as explained above.</p>																																		
<p><b>Example</b></p>	<p>The following example shows how use of an in-network provider may save you money. This example assumes:</p> <ul style="list-style-type: none"> <li>• you have already met your annual deductible</li> <li>• you have 80% coinsurance for in-network providers</li> <li>• you have 60% coinsurance for out-of-network providers</li> <li>• your dentist’s billed charge is \$150</li> <li>• BCBSAZ’s established in-network fee is \$100</li> <li>• LEAT analysis (see description above) does not apply</li> </ul> <table border="0" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left; width: 50%;"><b>In-Network Provider</b></th> <th style="text-align: left; width: 25%;"></th> <th style="text-align: left; width: 25%;"></th> <th style="text-align: left; width: 25%;"><b>Out-of-Network Provider</b></th> </tr> </thead> <tbody> <tr> <td>Billed charge</td> <td>\$150</td> <td></td> <td>Billed charge</td> <td>\$150</td> </tr> <tr> <td>BCBSAZ in-network fee</td> <td>\$100</td> <td></td> <td>BCBSAZ in-network fee</td> <td>\$100</td> </tr> <tr> <td>BCBSAZ pays (80% x \$100)</td> <td>\$80</td> <td></td> <td>BCBSAZ pays (60% x \$100)</td> <td>\$60</td> </tr> <tr> <td>You pay (20% x \$100)</td> <td>\$20</td> <td></td> <td>You pay (40% x \$100)</td> <td>\$40</td> </tr> <tr> <td>Your Out-of-Pocket Cost</td> <td>\$20</td> <td></td> <td>Plus difference of billed charge</td> <td>\$50</td> </tr> <tr> <td></td> <td></td> <td></td> <td>Your Out-of-Pocket Cost</td> <td>\$90</td> </tr> </tbody> </table>	<b>In-Network Provider</b>			<b>Out-of-Network Provider</b>	Billed charge	\$150		Billed charge	\$150	BCBSAZ in-network fee	\$100		BCBSAZ in-network fee	\$100	BCBSAZ pays (80% x \$100)	\$80		BCBSAZ pays (60% x \$100)	\$60	You pay (20% x \$100)	\$20		You pay (40% x \$100)	\$40	Your Out-of-Pocket Cost	\$20		Plus difference of billed charge	\$50				Your Out-of-Pocket Cost	\$90
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<p><b>Optional Pre-determination</b></p>	<p>If your dentist has recommended services and you are concerned about coverage or costs, your dentist can ask BCBSAZ for a pre-treatment estimate, called a “pre-determination.” BCBSAZ will review your dentist’s proposed treatment and send your dentist information explaining what services will be covered and your estimated out-of-pocket costs for these services. A pre-determination can help you better understand what will be covered and the amount you will need to pay.</p>																																		
<p><b>Waiting Periods</b></p>	<p>A waiting period is a specific amount of time that you will not have coverage for a type of service under your plan. BP Dental individual plans have a 6 month waiting period for Type II Covered Services and a 12 month waiting period for Type III Covered Services. If you are unsure about whether a waiting period applies to a needed service, you may also call BCBSAZ customer service.</p>																																		

# Exclusions and General Limitations

Notwithstanding any other provision in this benefit plan, no benefits will be paid for expenses associated with the following:

## ALL PLANS

- Alternative Dentistry – Non-traditional or alternative dental therapies, interventions, services and procedures; naturopathic and homeopathic dentistry; diet therapies; nutritional or lifestyle therapies
- Appliances, procedures, devices and services necessary to alter vertical dimension and/or restore an occlusion
- Athletic Mouth Guards – including but not limited to, any procedures and services necessary to fabricate or create such mouth guards
- Behavior management of any kind
- Benefit-specific exclusions and services in excess of limitations listed in this book under particular benefits
- Biologic materials to aid in tissue regeneration
- Bleaching of any kind; both internal and external bleaching
- Body Art, Piercing and Tattooing – Services related to body piercing, cosmetic implants, body art, tattooing and any related complications
- Charges associated with the preparation, copying or production of health records
- Complications of Noncovered Services – Complications and consequences, whether immediate or delayed, arising from any condition or service not covered under this plan
- CT scans (e.g., cone beam)
- Correction of congenital malformations except as required by state law for newborns, adopted children and children placed for adoption
- Cosmetic Services and Any Related Complications – Surgery and any related complications, procedures, treatment, office visits, consultations and other services for cosmetic purposes
- Counseling – Counseling and behavioral modification services
- Court-Ordered Services – Court-ordered testing, treatment and therapy, unless such services are otherwise covered under this plan as determined by BCBSAZ
- Deep sedation and general anesthesia, except as stated in this plan
- Dental implants and any related services or treatment for complications
- Enamel microabrasion
- Expenses for services that exceed benefit limitations
- Experimental or investigational services
- Fees – Fees for unspecified adjunctive procedures, by report
- Fees – Fees other than for dentally appropriate, in-person, direct member services
- Free Services – Services you receive at no charge or for which you have no legal obligation to pay
- Gold foil restorations
- Government Services – Services provided at no charge to the member through a governmental program or facility
- Inpatient or outpatient facility services – any facility charges associated with covered professional services provided in an inpatient or outpatient facility
- Laboratory and pathology services
- Laminate veneers
- Local, regional block, and trigeminal division block anesthesia
- Locally administered antibiotics
- Major restorative and prosthodontics services performed on other than a permanent tooth
- Maxillofacial prosthetics and any related services
- Medications Dispensed in a Dentist's Office – prescription medications and over-the-counter medications, including pharmaceutical manufacturers' samples, dispensed to the patient in a dentist's office by any mode of administration. This does not include eligible injectable medications administered in the dentist's office
- Non-Dentally Necessary Services – services that are not dentally necessary as determined by BCBSAZ. BCBSAZ may not be able to determine dental necessity until after services are rendered
- Nitrous oxide; oral or intravenous conscious sedation; oral, intravenous or intramuscular analgesics or anxiolytics.
- Occlusal guards for the treatment of temporomandibular joint syndrome or sleep apnea – including but not limited to, any procedures and services necessary to fabricate or create such mouth guards
- Office visit for observation, during which no services are provided
- Oral appliances for treatment of bruxism
- Oral hygiene instruction, except when provided as an integral part of a routine covered oral examination.
- Orthodontic services and tooth extractions relating to those services
- Over-the-Counter Items – Medications, devices, equipment and supplies that are lawfully obtainable without a prescription
- Personal Comfort Items – Services intended primarily for assistance in daily living, socialization, personal comfort, convenience and other non-medical reasons
- Services and Supplies Not Provided by a Dentist – except dental prophylaxis and root planing performed by a licensed dental hygienist under the supervision and direction of a dentist
- Services for Idiopathic Environmental Intolerance – Services associated with environmental intolerance from unknown causes (idiopathic), multiple chemical sensitivity, the diagnosis or treatment of environmental illness (clinical ecology), such as chemical sensitivity or toxicity from exposure to atmospheric or environmental contaminants, pesticides or herbicides
- Services from a Family Member – Services delivered by an eligible provider who is a member of your immediate family. "Immediate family" means your parents, siblings, children, stepparents, stepchildren, spouse, grandparents, grandchildren and anyone related to you by marriage to the same degree as any of the preceding individuals. When a provider is also the covered person, services rendered by that provider for himself or herself are also excluded from coverage.
- Services from ineligible providers
- Services paid for by other organizations – Services customarily paid for by an employer, such as worksite or ergonomic evaluations; the government; a school; biotechnical, pharmaceutical or dental device industry sources; or other individuals and organizations
- Services prior to effective date
- Services provided after the member's coverage termination date
- Services related to or associated with noncovered services
- Skin grafts
- Telephonic and electronic consultations
- Therapy or treatment of the temporomandibular joint, orthognathic surgery, or ridge augmentation
- Training and education
- Transportation – Transport services and travel expenses
- Workers' Compensation – Illnesses or injuries covered by Workers' Compensation, unless the member is exempt from such coverage or has made a statutory opt-out election

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## Plan 1i – Additional Exclusions

- All Type III services—Prosthodontics (Bridges and Dentures); Oral Surgery (Extractions); Simple Extractions; General Anesthesia; Endodontics (Root Canal and Pulpal Therapy); Crowns/Inlays/Onlays; Periodontics (Surgical and Non-Surgical)

THIS IS ONLY A BRIEF SUMMARY OF THIS BENEFIT PLAN. A COMPLETE LISTING OF ALL BENEFITS, LIMITATIONS AND EXCLUSIONS IS IN THE BENEFIT PLAN BOOKLET AND IS AVAILABLE PRIOR TO ENROLLMENT UPON REQUEST. IF THE BENEFITS ON THIS SUMMARY DIFFER FROM THOSE STATED IN THE BENEFIT PLAN BOOKLET, THE TERMS OF THE BENEFIT PLAN BOOKLET APPLY.